

## What is the Healthy Care Pregnancy Program (HCPP)?

HCPP offers **FREE, SAFE**, and **CONFIDENTIAL** support, so you don't have to navigate this journey alone!

## Who is eligible for the program?

All people who are pregnant or up to 7 months postpartum who use (or have used) substances, want extra support and are not already well connected or accessing existing services.



**Want to learn more?**

Email for more information:  
projectmanager@bcapop.ca

[Pregnancyhub.com/HCPP](https://Pregnancyhub.com/HCPP)

## Find an Inreach Worker

**Burnaby/New Westminster**  
Royal Columbian Hospital/Burnaby  
Family Life

**Kamloops**  
Royal Inland Hospital/The Tree

**Port Alberni**  
West Coast General Hospital/  
Port Alberni Friendship Centre

**Powell River**  
qathet General Hospital/LIFT  
Community Services

**Smithers**  
Bulkley Valley District Hospital/  
Dze L K'ant Friendship Centre

**100 Mile House/Williams Lake**  
Cariboo Memorial Hospital/  
Cariboo Family Enrichment Centre

**Duncan**  
Cowichan District Hospital/Hiiye'yu  
Lelum Society



# The Healthy Care Pregnancy Program

We can offer you **connections** and **accompaniments** to services, support with basic needs, a team of professionals in your corner and assistance reaching your pregnancy goals no matter what they are.





## What we do

- Talk with you about your needs and pregnancy goals
- Offer you a menu of services we can connect you to.
- Go to appointments with you
- Get a team of people together that you choose to help you reach your goals!

## Your HCPP Inreach Worker will walk alongside you and:

- Help you to identify and reach your goals
- Coordinate Healthy Care Pregnancy (HCP) meetings with your positive supports to collaborate and make a plan
- Offer a menu of services and connect you to the ones you choose
- Accompany you to intakes and appointments at your request
- Support you through transitions in & out of the hospital and/or other bed-based programs.



# BCAPOPOP

BCAPOPOP acknowledges that this pilot project is funded by the Provincial Perinatal Substance Use Program, BC Women's Hospital and Health Centre, PHSA.

## What is a Healthy Care Pregnancy Meeting?

- You identify positive supports and you are invited to ongoing team meetings.
- You identify your goals and what supports you need and want to reach those goals.
- The supports on the team commit to the action items and collaborate on the plan to best support you.
- The documented plan is shared to your support team with your consent.

